

<b>Essential</b>	<b>When Accomplished</b>	<b>How</b>
Passport	6-7 months prior to travel	<a href="http://travel.state.gov/passport/passport_1738.html">http://travel.state.gov/passport/passport_1738.html</a>
Smart Traveler Enrollment Program (STEP)	5 months prior to travel	<a href="https://travelregistration.state.gov/ibrs/ui/">https://travelregistration.state.gov/ibrs/ui/</a>
Visa	5 months prior to travel	Ghana Consulate of Houston: <a href="https://www.ghanaconsulatehouston.com/">https://www.ghanaconsulatehouston.com/</a> Perry International Visa: <a href="http://www.perryvisa.com/">http://www.perryvisa.com/</a>
Plane tickets	5 months prior to travel	Interns may determine own transportation to Accra, once in-country, ISU will provide transportation
Health and Travelers Insurance	Prior to travel	Iowa State University will purchase
Vaccinations (yellow fever documentation)	Prior to visa application	Intern may visit any travel clinic in their area/network; Intern may also complete at ISU Travel Clinic during PreMNT Workshop
Anti-malarial medication	Prior to travel	Intern may visit any travel clinic in their area/network; Intern may also complete at ISU Travel Clinic during PreMNT Workshop
Sunscreen and 30% Deet Insect Repellant	Purchase prior to travel	Sports and Outdoors Shops (Scheels, Bass Pro, etc...)
Money Exchange	Accra Airport	Exchange Bank in Airport Cash Economy – bring large NEW bills (\$50, \$100) ATM/ Debit cards can be used in Accra and University of Ghana Credit Cards - avoid