**Iowa State University Dietetic Internship Program**

**Prior Assessed Learning (PAL) Application**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Identify your different work and life experiences which provide you with advanced knowledge and skills. The "job code" you assign to each experience will be used in Column A below.

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| **Job Code** | **Title or descriptor: include inclusive dates, person to contact to verify, description** |
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Add additional numbers/lines/spaces as needed.

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| **ACEND Competency Requirements for Entry-Level Dietitians (revised 2017)**Upon completion of the supervised practice component of dietitian education, each graduate’s capabilities will include the following core competencies. |
| **Review the skills and activities listed below and then describe, in the following columns, the experiences or education that have provided you with the described competency.** | **A** **Job Code**  | **B****Describe work/life or professional/continuing education experiences *(excluding college coursework used to complete degree and/or DPD verification.)******“What I did”*** | **C****Describe what was learned. Describe how professional growth was achieved. *“What I learned from this experience..” or******“How I grew professionally from this******experience…”*** |
| **1. Scientific and Evidence Base of Practice: integration of scientific information and research into practice.****Upon completion of the DI, graduates are able to:** |
| CRDN 1.1 Select indicators of program quality and/or customer service and measure achievement of objectives. (Guidance: Outcomes could include clinical, programmatic, quality, productivity, economic or other outcomes in wellness, management, sports, clinical, settings, etc.) |  |  |  |
| CRDN 1.2 Apply evidence-based guidelines, systematic reviews and scientific literature (such as the ADA Evidence Analysis Library and Evidence-based Nutrition Practice Guidelines, Cochrane Database of Systematic Reviews and the U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality, National Guideline Clearinghouse Web sites) in the nutrition care process and model and other areas of dietetics practice |  |  |  |
| CRDN 1.3 Justify programs, products, services and care using appropriate evidence or data |  |  |  |
| CRDN 1.4 Evaluate emerging research for application in dietetics practice |  |  |  |
| CRDN 1.5 Conduct nutrition projects using appropriate research methods, ethical procedures and data analysis |  |  |  |
| CRDN 1.6: Incorporate critical-thinking skills in overall practice. |  |  |  |
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| **2. Professional Practice Expectations: beliefs, values, attitudes and behaviors for the professional dietitian level of practice. Upon completion of the DI, graduates are able to:** |
| CRDN 2.1 Practice in compliance with current federal regulations and state statutes and rules, as applicable, and in accordance with accreditation standards and the Scope of Nutrition and Dietetics Practice and Code of Ethics for the Profession of Nutrition and Dietetics |  |  |  |
| CRDN 2.2 Demonstrate professional writing skills in preparing professional communications  |  |  |  |
| CRDN 2.3: Demonstrate active participation, teamwork and contributions in group settings. |  |  |  |
| CRDN 2.4: Function as a member of inter-professional teams.  |  |  |  |
| CRDN 2.5 Assign duties to NDTRs and/or support personnel as appropriate |  |  |  |
| CRDN 2.6 Refer clients and patients to other professionals and services when needs are beyond individual scope of practice |  |  |  |
| CRDN 2.7 Apply leadership skills to achieve desired outcomes |  |  |  |
| CRDN 2.8: Demonstrate negotiation skills. |  |  |  |
| CRDN 2.9 Participate in professional and community organizations |  |  |  |
| CRDN 2.10 Demonstrate professional attributes in all areas of practice  |  |  |  |
| CRDN 2.11 Show cultural competence/sensitivity in interactions with clients, colleagues and staff. |  |  |  |
| CRDN 2.12: Perform self-assessment and develop goals for self-improvement throughout the program.  |  |  |  |
| CRDN 2.13: Prepare a plan for professional development according to Commission on Dietetic Registration guidelines. |  |  |  |
| CRDN 2.14 Demonstrate advocacy on local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession. |  |  |  |
| CRDN 2.15: Practice and/or role play mentoring and precepting others.  |  |  |  |
| **3: Clinical and Customer Services: Development and delivery of information, products and services to individuals, groups and populations** |
| CRDN 3.1 Perform the Nutrition Care Process and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings***Assess t****he nutritional status of individuals, groups and populations in a variety of settings where nutrition care is or can be delivered****Diagnose*** *nutrition problems and create problem, etiology, signs and symptoms (PES) statements****Plan and implement*** *nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention****Monitor and evaluate*** *problems, etiologies, signs, symptoms and the impact of interventions on the nutrition diagnosis****Complete documentation*** *that follows professional guidelines, guidelines required by health care systems and guidelines required by the practice setting* |  |  |  |
| CRDN 3.2: Conduct nutrition focused physical exams. |  |  |  |
| CRDN 3.3 Demonstrate effective communications skills for clinical and customer services in a variety of formats and settings |  |  |  |
| CRDN 3.4 Design, implement and evaluate presentations to a target audience  |  |  |  |
| CRDN 3.5: Develop nutrition education materials that are culturally and age appropriate and designed for the literacy level of the audience. |  |  |  |
| CRDN 3.6 Use effective education and counseling skills to facilitate behavior change |  |  |  |
| CRDN 3.7 Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management  |  |  |  |
| CRDN 3.8 Deliver respectful, science-based answers to client questions concerning emerging trends |  |  |  |
| CRDN 3.9 Coordinate procurement, production, distribution and service of goods and services, demonstrating and promoting responsible use of resources.  |  |  |  |
| CRDN 3.10 Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals |  |  |  |
| **4. Practice Management and Use of Resources: strategic application of principles of management and systems in the provision of services to individuals and organizations.****Upon completion of the DI, graduates are able to:** |
| CRDN 4.1 Participate in management of human resources |  |  |  |
| CRDN 4.2 Perform management functions related to safety, security and sanitation that affect employees, customers, patients, facilities and food |  |  |  |
| CRDN 4.3 Conduct clinical and customer service quality management activities |  |  |  |
| CRDN 4.4 Use current nutrition informatics to develop, store, retrieve and disseminate information and data |  |  |  |
| CRDN 4.5: Analyze quality, financial or productivity data for use in planning |  |  |  |
| CRDN 4.6 Propose and use procedures as appropriate to the practice setting to promote sustainability, reduce waste and protect the environment |  |  |  |
| CRDN 4.7 Conduct feasibility studies for products, programs or services with consideration of costs and benefits  |  |  |  |
| CRDN 4.8 Develop a plan to provide or develop a product, program or service that includes a budget, staffing needs, equipment and supplies |  |  |  |
| CRDN 4.9: Explain the process for coding and billing for nutrition and dietetics services to obtain reimbursement from public or private payers, fee-for-service and value-based payment systems. |  |  |  |
| CRDN 4.10: Analyze risk in nutrition and dietetics practice. |  |  |  |