*This is an abbreviated sample of an MNT assignment you will present at your supervised practice site.*

**Clinical Presentation: Evidence-Based Case Study Outline**

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| *Section* | *Information to Include* |
| Introduction | Introduce the patient and the medical diagnosis.  • Age • Gender • Diagnosis and related treatments  Elaborate pertinent problems – presenting major problems for which patient sought medical attention and requires medical nutrition therapy. Include such information as admitting date, patient’s condition upon admission, and sequence of events leading to current illness. |
| Pathophysiology | Explain the disease, disorder or situation  • Symptoms  • Etiology  *This section should have references cited at the end of your case study* |
| NCP: Assessment | Organize the nutrition assessment data into the five categories listed in the Nutrition Care Process:  • Food/Nutrition-Related History  • Anthropometric Measurements  • Biochemical Data, Medical Tests and Procedures  • Nutrition-Focused Physical Findings  • Client History  *Use appropriate assessment/monitoring and evaluation terminology. Compare the patient/client value to the appropriate reference standard and cite a reference for the standard used* |
| NCP: Diagnosis | Write one or two P-E-S statements. Use the correct format which is *Problem* (use the nutrition diagnosis terminology label) as related to *Etiology* (this is the root problem) as evidenced by *Signs/Symptoms*.  When formulating the P-E-S statement, remember the intake domain (NI) is preferred over the Clinical (NC) or Behavioral-Environmental (NB) domains. |
| NCP: Intervention | Explain how the nutrition intervention was aimed at the etiology named in the P-E-S statement.  Write the **Nutrition Prescription**.  Organize the intervention strategy used by one or more of the four categories:  • Food and/or Nutrient Delivery  • Nutrition Education  • Nutrition Counseling  • Coordination of Nutrition Care |
| NCP: Monitoring/  Evaluation | Report on the progress made. Were goals/expected outcomes met?  Remember the monitoring and evaluation terminology is the same as for the assessment and organize it into the applicable categories (do not include client history). These are:  • Food/Nutrition-Related History Outcomes  • Anthropometric Measurement Outcomes  • Biochemical Data, Medical Tests, and Procedure Outcomes  • Nutrition-Focused Physical Finding Outcomes |
| Practice Issues  (Part 3 only) | Review the Standards of Professional Practice (SOPP). Describe how this case relates to one or more of the 6 Standards.  Discuss any issues related to the ADA Code of Ethics for the Profession of Dietetics.  Discuss any issues related to reimbursement for RD services. |
| Conclusions | Summarize your Clinical Presentation. Site your references. |

Adapted from: Landers P, Richardson S, Turner P. Outline for Writing a Nutrition Case Study Report. *Dep-Line Newsletter*. Fall 2010.

References:

1. International Dietetics & Nutrition Terminology Reference Manual - Third Edition. Chicago, IL: American Dietetic Association; 2010.