

Topics in Long Term Care Assessment

Part 1: Assessment in Long Term Care

Part 2: Nutrition for Skin Breakdown

Part 3: Identification of Malnutrition

Information compiled by: Mary Sand MS RD LD

Reviewed by: Kathy Buffington MS RD LD and Carlene Russell MS RD LD

This program is offered via Iowa State University's Dietetics Academy, an accredited program provider for Iowa Licensure and ADA Accreditation. Iowa License Provider #9 and CDR Accredited Provider #IO 002.

Completion of this program provides: 5 CPEU units at CPEU Level II. This program is certified for 3 years.

This program meets PDP codes:

- 3000 Nutrition assessment
- 3060 Laboratory tests
- 3090 Screening parameters, methodology, and surveillance
- 5000 Medical Nutrition Therapy
- 5040 Long term, intermediate, assisted living
- 5100 Elderly
- 5280 Nutrient deficiency, failure to thrive
- 5370 Wound care
- 5410 Client protocols, clinical guidelines

Upon completion of this program, the learner will be able to:

Part I:

- Identify physical lesions indicative of nutrient deficiency.
- Perform Subjective Global Assessment and the nutrition-focused physical exam.
- Incorporate physical assessment as a diagnostic tool into clinical practice.

Part II:

- Identify the causes of skin breakdown.
- Describe the stages of skin breakdown.
- Evaluate a Braden Score.
- Recommend appropriate nutritional treatment for pressure sores.

Part III:

- Explain the physiologic basis for kwashiorkor, marasmus, and marasmic kwashiorkor.
- Identify biochemical and physical indicators of kwashiorkor, marasmus, and marasmic kwashiorkor.
- Recommend appropriate nutritional treatments for malnourished patients.